



BISHOP KINDERGARTEN

Quality Area 2: Children's Health and Safety

Policy 2: Sun Protection

Bishop Kindergarten is committed to providing and maintaining a safe and healthy environment for staff, children, families and visitors to the centre. All members of the kindergarten community need to be protected from skin damage by harmful ultra violet rays of the sun.

Children will:

- be required to wear a hat that provides good shade to the face, back of the neck, eyes and ears, for example, a broad brimmed or soft legionnaire style **without a strap**. The wearing of hats is ***compulsory during terms 1 and 4 (optional in term 2&3)***
- be encouraged to apply their own sunscreen under the supervision of staff

Parents will:

- give written permission for staff to supervise their child applying sunscreen at lunch during terms 1 and 4.
- apply sunscreen to their child before they arrive for their kindergarten session.

Staff will:

- be positive role models who practice skin protective behaviours by applying sunscreen and wearing appropriate hats and clothing.
- incorporate sun and skin protection awareness activities into learning programs.
- provide a minimum SPF 50+ Broad Spectrum Sunscreen for children to apply with staff supervision. Parents will indicate if they will like to supply their own.

CLOTHING

- Staff and children will wear appropriate sun smart clothing which protects the skin, minimises heat gain and maximises protection.
- Staff and children will bring a hat to Kindy during term 1 & 4. Children not wearing an appropriate hat will be expected to play inside. Hats should not have any under chin strings or cords as they are a choking hazard.

SHADE

- Everybody will take particular care if in the direct sun between the hours of 10.00 am & 3.00 pm.
- In extreme heat children will remain in air-conditioning inside
- Wherever possible, outdoor activity sessions will be held in shaded areas.
- The children's group times and snack times are held indoors or in shaded areas to avoid UVR exposure as part of our normal daily kindergarten programme.
- Staff will make use of shade of trees, pergolas, umbrellas and tents whenever possible outdoors.

FOOD & DRINKS

- Children are encouraged to drink water, particularly during hot weather. Water is accessible to children at all times.
- Parents are encouraged to pack children food in insulated containers with a frozen brick or frozen water.

This sun protection policy has been established after consultation with staff and parents within the Bishop Kindergarten community.

Reviewed and Endorsed by staff and Governing Council: June 2020

To be Reviewed: June 2021